

# MAY

1	2	3	4	5	6	7
8	9	10	11	12	13	14
		<i>Mandatory</i> Parents Meeting 6:30 p.m. Via Clubhouse				
15	16	17	18	19	20	21
	Practice Starts (for regular team)			<i>Chick-fil-A</i> Spirit Night		
<b>Evening Practice May 16 – May 27 (M-F)</b> 5 – 5:45 p.m. (13 & up), 5:45 – 6:15 p.m. (11 – 12), 6:15 – 6:45 p.m. (9 – 10), 6:45 – 7:15 p.m. (8 & under)						
22	23	24	25	26	27	28
						<i>Pool Opens</i>
Evening Practice						
29	30	31	June 1	June 2	June 3	June 4
	<i>Memorial Day</i> Morning Practice 7:30 – 8:15 a.m. (8&u) 8 – 9 a.m. (9 - 12) 8:45 – 9:45 a.m. (13&u)	Mini Mite Practice Starts				GRAL Registration/ Coaches' Meeting
Evening Practice (Mini Mites practice at the same time as 8&unders)						

# JUNE

May 29	May 30	May 31	1	2	3	4	
	<b>Memorial Day</b> <b>Morning Practice</b> 7:30 – 8:15 a.m. (8&u) 8 – 9 a.m. (9 - 12) 8:45 – 9:45 a.m. (13&u)	<b>Evening Practice May 30 – June 17</b> 5 – 5:45 (13 & up), 5:45 – 6:15 (11 – 12), 6:15 – 6:45 (9 – 10), 6:45 – 7:15 (8 & under, Mini Mites)					
5	6	7	8	9	10	11	
				<b>Chick-fil-A</b> <b>Spirit Night</b>		<b>Clinic 1 –</b> 8:30 to 10 a.m. Starts and Turns <b>Team Picture - 10:15</b> <b>Scavenger Hunt</b> 10:45 a.m.	
Evening Practice							
12	13	14	15	16	17	18	
	<b>Blue/Orange Meet –</b> 5:45 p.m.			<b>Swim Meet 1 -</b> <b>Home vs. Kings</b> <b>Charter</b>	Evening Practice/ Ribbons 7 - 8	<b>Clinic 2 –</b> 8:30 to 10 a.m. Butterfly Stroke	
Evening Practice							
19	20	21	22	23	24	25	
		<b>Chick-fil-A</b> <b>Spirit Night</b>	<b>Swim Meet – Home</b> <b>vs. Ashcreek</b>	<b>FUN EVENT</b> for ages 9 to 12	Morning Practice	<b>Clinic 3 –</b> 8:30 to 10 a.m. Breaststroke	
<b>Morning Practice June 20 – July 18: (Only Evening Practice on Thursdays)</b> M, T, W, F: 7:30 – 8:15 a.m. (8&u and Mini Mites); 8 – 9 a.m. (9 - 12); 8:45 – 9:45 a.m. (13&u) <b>Evening Practice June 20 – July 18: M, T: 5 – 5:45 p.m. (13&amp;u); 5:45 – 6:30 p.m. (9 – 12); 6:30 – 7 p.m. (8&amp;u); No Mini Mites in Evening</b>							
Evening Practice/ Ribbons 7 - 8							
26	27	28	29	30	July 1	July 2	
			<b>Swim Meet 3 –</b> <b>Away at Ashland</b>	<b>FUN EVENT</b> for ages 13 & up	Morning Practice		
Morning Practice							
Evening Practice							
Evening Practice/ Ribbons 7 - 8							

# JULY

3	4	5	6	7	8	9
	<i>Independence Day</i> No Practice		<b>Swim Meet 4 – Away at Milestone</b>	<b>FUN EVENT</b> for ages 8 & Under		<b>Clinic 4–</b> 8:30 to 10 a.m. For those 12 & over Specific Stroke Work
		Morning Practice			Morning Practice	
	Evening Practice			Evening Practice/ Ribbons 7 - 8		
10	11	12	13	14	15	16
			<b>Swim Meet 5 – Home vs. Mechanicsville</b>			
	Morning Practice				Morning Practice	
	Evening Practice			Evening Practice/ Ribbons 7 - 8		
17	18	19	20	21	22	23
		<b>Swim Meet 6 – Away at Kings Charter</b>				<b>CHAMPS Registration</b>
			Ribbons Distribution – TBA CHAMPS Mtg – TBA	Practice will continue for those who made CHAMPS - TBA		
24	25	26	27	28	29	30
	Practice will continue for those who made CHAMPS - TBA					<b>CHAMPS at the Freedom Center</b>
31	Aug 1	Aug 2	Aug 3	Aug 4	Aug 5	Aug 6
<b>CHAMPS at the Freedom Center</b>		<b>Team Trip to Cobblestones</b>			<b>End of Season Party</b> 7 p.m. Awards 8 p.m. Pool Party	